

# Guía de Recursos



United Way of the Plains

## *Una guía rápida de servicios básicos en el Condado de Sedgwick, Kansas*

- La información provéida es un servicio a la comunidad y no está necesariamente endorizada o aprobada por United Way of the Plains, 245 N. Water, Wichita, KS 67202
- Esta información es actualizada regularmente; por favor de llamar o chequear la lista más reciente en la computadora.

## Información Y Referencia Para Ayuda

Connecting Point .....	267-3535
Centro de Información Federal.....	(800) 688-9889
*Independent Living Resource Center, Inc.....	942-6300
Kansas Legal Services.....	265-9681
Recursos para padres gerencia del enojo.....	2-1-1
Central Plains Aging and Disability Resource Center ..	855-200-2372
Sedgwick County Developmental Disability Org .....	660-7630
Center for Community Support and Research (grupos de apoyo).....	978-3843
Senior Info-Line .....	267-0122
Dept for Children & Families(DCF).....	337-7000
Reportar abuso .....	(800) 922-5330
*Wichita Area Sexual Assault Center.....	263-3002
Wichita Transit horario del autobús .....	265-7221

## Resguardos

*Anthony Family Shelter, Catholic Charities, Inc.....	264-7233
Centro de recursos sin hogar (Refugio de Dia).....	265-9371
*Harbor House, Catholic Charities (mujeres y niños) .....	263-6000
Inter-Faith Inn, Inter-Faith Ministries.....	264-8051
Salvation Army, Homeless Services .....	263-2196
*TiWiconi Safe Haven (enfermedades mentales) .....	263-0006
Union Rescue Mission (hombres solamente).....	687-4673
YWCA Casa de Crisis (mujeres y niños) .....	267-7233

## Renta Y Utilidades

Center of Hope (Lunes 9am – 12pm & 1pm – 4pm).....	267-0222
LOVE INC (Renta, Mar – Vier 8am – 12pm). ....	265-0500

## Muebles

His Helping Hands (por remisión solo) .....	838-8528
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## Ropa

Bread of Life (Mar 10am-1:45pm).....	689-6866
Dellrose United Methodist Church (llamar) .....	684-5182
First Metropolitan Community Church (Mar 1-6pm) .....	267-1852
His Helping Hands (Sab 9-11:30am) .....	838-8528
Immanuel Baptist Church (Juev 9-11am) .....	262-1452
Jehovah Jireh (Juev/Vier 1 -4 pm) (Sab 9am-12 pm).....	312-9903
Klothes Closet (Lun, Mier, V 9am – 2pm) .....	265-9371
P.I.N. – People In Need (Mier 11am-1pm) .....	263-7623

*Las agencias con estrella\* tienen servicios bilingües disponibles.*

## Comida

### Bancos de Comida

Bread of Life (Mar 10am-1:45pm) .....	689-6866
*Our Daily Bread - CC (8:30am-12pm M-J & 2nd/4th Sab) .....	264-8344
Community Food Ministry (L-V 9:00-11:45am & 1:00-3:45pm) .....	267-4201
First Metropolitan Community Church (Mar 1-6pm) .....	267-1852
Helping Hands Food Pantry (Jueves 1-4pm) .....	262-3425
His Helping Hands (1st & 3rd Mar 4:30-6:30pm) .....	838-8528
Salvation Army (llame por más detalles) .....	263-2769
Simple House (llame por mas detalles) .....	303-9994
Union Rescue Mission (por cita).....	687-4673
Westside Good Neighbor (8:30-11:30 am Juev/Vier) .....	942-7349

### Comidas Calientes/Almuerzo en Bolsa

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5	1,2,5,7,10	1,5,6,7,11	1,5,7,8	1,3,5,7	1,4,5,7	5,9,12

1 Centro de recursos sin hogar, 402 E. 2nd N .....	269-4250
Se sirve almuerzo. Regístrate antes de 11:30 a.m.	
2 College Crest Church of Christ, 2615 N. Wellsley .....	686-1981
Se sirve almuerzo de 11 a.m. – 1 p.m.	
3 Grant Chapel, 2750 N. Hillside .....	685-2682
Se sirve almuerzo de 12 p.m. – 1 p.m.	
4 St. Paul AME Church, 1756 N. Piatt .....	265-5881
Se sirve almuerzo de 12 p.m. – 1 p.m.	
5 Lord's Diner, 520 N. Broadway and 2825 S. Hillside .....	266-4966
Se sirve la cena, 5:30 p.m. – 7:30 p.m.	
6 Tabernacle Bible Church, 1817 N. Volutsia.....	681-3954
Se sirve almuerzo de 11:30 a.m. – 12:45 p.m.	
7 Episcopal Social Services, 1010 N. Main .....	269-4160
Se sirve almuerzo de 11 a.m. – 12 p.m.	
8 P.I.N. – People In Need, 1201 S. Market .....	263-7623
Se sirve almuerzo de 11:30 a.m. – 1 p.m.	
9 St. Paul Lutheran Church, 925 N. Waco .....	263-0810
Se sirve desayuno 8-9:30 am 2-5 <sup>th</sup>	
10 Chisholm Church of Christ (Heritage Park 115 E. William) ..	683-1313
Se sirve la cena 5:00 pm	
11 Grace United Methodist Church, 944 S. Topeka .....	262-6195
Se sirve la cena at 6:15 pm	
12 First Presbyterian Church, 525 N. Broadway .....	263-0248
Se sirve desayuno 8-9:30 am 1st	

### Comida Descontada

Prairie Land Food .....	(800) 998-9436
Llame para inscripción y los lugares de distribución.	

## Entrenamiento Del Empleo Y Del Trabajo

Wichita SG County Community Action Partnership .....	462-3775
Episcopal Social Services.....	269-4160
Job Corps Outreach Center .....	771-6778
KANSEL .....	263-9620
Senior Employment (Servicios para Ancianos, Inc.) .....	267-1771
Urban League of Kansas.....	262-2463
Wichita Workforce Development Center.....	771-6600

## Niños Y Jovenes

*Big Brothers/Big Sisters of Sedgwick County, Inc.....	263-3300
Boys & Girls Club of South Central KS, Inc.....	687-5437
*Boy Scouts of America (Quivira Council).....	264-3386
CASA of Sedgwick County (Roots & Wings, Inc.) .....	866-2920
*Children with Special Health Services .....	962-2021
Communities in Schools of Wichita/SG County, Inc.....	973-5110
Connecting Point .....	267-3535
Episcopal Social Cervices (joven intervención).....	269-4160
*Girl Scouts of the Kansas Heartland.....	684-6531
Girls & Boys Town National Hotline.....	(800) 448-3000
*4H Youth Program .....	660-0100
Healthy Babies – Sedgwick County Health Dept.....	660-7433
Heartspring .....	634-8700
Kansas Childrens Service League .....	942-4261
Kansas Society for Children with Challenges .....	262-4676
Parent HelpLine .....	(800) 332-6378
Parents as Teachers .....	973-5160
*Programas para la Infancia Temprana de 0-5.....	682-1853
*Rainbows United, Inc.....	684-5437
Dept for Children & Families (Abuso) .....	(800) 922-5330
Centro de Voluntarios, United Way of the Plains.....	267-0202
Urban League of Kansas.....	262-2463
Wichita Children's Home .....	684-6581
Programa de WIC (Mujeres, Infantes Y Niños) .....	660-7444
YMCA.....	264-1610

## Artículos para Bebé

A Better Choice .....	685-5757
Birthline, Inc. ....	265-0134
Community Services – UMOD .....	267-4201
Kansas Equipment Exchange (asientos de bebé).....	800-526-3648
NIÑOS SEGUROS (asientos de bebé).....	946-5045
Union Rescue Mission .....	687-4673

## Consejeros Y Salud Mental

Center City (programa para gente sin hogar) .....	660-7800
Center on Family Living, Friends University .....	295-5638
COMCARE of Sedgwick County .....	660-7675
*Cana Counseling Services.....	263-6941
INTERVENCIÓN de CRISIS (hotline de suicidio) .....	660-7500
Counseling and Mediation Center.....	269-2322
Episcopal Social Services.....	269-4160
Family and Children Services--COMCARE .....	660-9600
FCS Consejeros.....	264-8317
HealthCore Clinic .....	691-0249
Higher Ground .....	262-2060
HopeNet, Inc.....	684-4673
Kansas Children's Service League .....	942-4261
Mental Health Association of South Central KS .....	685-1821
Psychology Clinic, Wichita State University.....	978-3212
Wichita Child Guidance Center .....	686-6671
Word of Life Counseling Center.....	619-5589

Las agencias con estrella\* tienen servicios bilingües

## Médico

E.C. Tyree Health Clinic.....	681-2545
*(+)GraceMed Health Care Clinic (todas las lugares). ....	866-2000
*(+) <b>Guadalupe Clinic (St. Francis)</b> .....	264-8974
*(+) <b>Guadalupe Clinic – (Hillside)</b> .....	201-1986
Harry Hynes Memorial Hospice .....	265-9441
*(+) <b>Health Department, Sedgwick County</b> .....	660-7300
KanCare .....	(866) 305-5147
*(+) <b>HealthCore Clinic</b> .....	691-0249
Healthy Children Center .....	973-4110
*(+) <b>Hunter Health Clinic, Inc.</b> .....	262-2415
KU Wichita Internal Medicine - Midtown .....	293-1840
KU Wichita General Pediatrics.....	962-3100
Mayflower Clinic.....	558-3991
* <b>Medical Service Bureau, Inc.</b> .....	683-7559
MERN (equipamiento médico, fuentes, ect.) .....	942-6300
Proyecto Access .....	688-0600
MyCountyCares – The One Card .....	660-7673
Dept for Children & Families (médico) .....	337-7000
Via Christi - Children's Miracle Network .....	946-5020

(+) Indica Clínicas del Proyecto Access

## Dentista

E.C. Tyree Health & Dental Clinic .....	681-2545
GraceMed Dental Clinic .....	866-2000
Hunter Health Dental Clinic.....	269-0677
MyCountyCares – The One Card .....	660-7673
Small Smiles Dental Clinic .....	686-2721
WSU Dental Clinic .....	978-8350

## Servicios de Alcohol Y La Drogas

Al-Anon/Alateen.....	266-8499
Alcohólicos Anónimos (AA) .....	684-3661
COMCARE Tratamiento de Adicciones .....	660-7540
District Attorney, SG CO (Compromiso Involuntario) .....	383-7281
HealthCore Clinic .....	691-0249
Higher Ground .....	262-2060
Miracles, Inc. .....	303-9520
Narcotics Anonymous.....	524-7775
Options Servicios para Adultos/Detox Center (hombres) .....	264-6011
Pathways .....	685-1821
Preferred Family Healthcare.....	943-2051
Restoration / Knox Center, Inc. .....	265-8511
Substance Abuse Center of Kansas .....	267-3825
Wichita Fellowship Club .....	265-9348
Women's Recovery Center .....	262-0505

## Consultación Para Deuda, Crédito Y Presupuesto

Consumer Credit Counseling .....	265-2000
*Unemployment Benefits .....	383-9947

## Hogares

Affordable Housing – H.O.P.E., Inc.....	618-8652
City of Wichita Housing Services – Sección 8 .....	462-3700
Fair Housing- Urban League of KS .....	262-2463
Habitat for Humanity Inc. .....	269-0755
Housing Services, Inter-Faith Ministries .....	263-0006
KSHOUSINGSEARCH.ORG .....	(877) 428-8844
Mennonite Housing Rehabilitation Services Inc. .....	942-4848
Sedgwick County-Sección 8.....	660-7270
Weatherization Assistance Program.....	262-7035

10/06/15