

# Getting You Back to Work After Injury or illness

**RETAINWORKS**

Retaining Employment and Talent After Injury/Illness Network

[retainworks.org](http://retainworks.org)



## RETAINWORKS Helps You Get Back To Work

Being sick or injured is hard enough, but when it keeps you from working, your whole life is affected. With RETAINWORKS you are assigned a team of dedicated professionals to support your recovery with stay-at-work or return-to-work strategies, following an injury or illness.

Time-loss (worker's compensation) benefits do not pay your full wage, and studies show the longer you are off work, the harder it is to go back and return to your previous wage level. Leaving the labor force can also lead to adverse effects on your health and quality of life. RETAINWORKS can help you avoid these risks and get you back to work as soon as it's medically feasible.

## Participate in RETAINWORKS

Getting back to work is a team effort. Everyone wins when individuals work collaboratively with their employer, health care providers, and the RETAINWORKS network of stay-at-work or return-to-work experts and resources. You will have access to nurse navigators, as well as workforce and employment coordinators.

## Participate in RETAINWORKS

If you experienced a recent injury, illness or exacerbation of a chronic condition that prevents you from returning to work right away, you may qualify for RETAINWORKS. Individuals with all levels of illness or injury will be considered. Even with the most significant disability, you can be a productive employee, whether it means returning to your old position or finding a new employment match.

For more information on program benefits, qualifying measures for patients, and how to participate, visit:

[retainworks.org](http://retainworks.org)

A PROGRAM OF

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